

MAIN MENU FROM 12 NOON

BEYOND BURGERS

BEYOND CHEESE 12.00

Beyond patty, cheese, tomato, lettuce, red onion, gherkin, garlic mayo, ketchup

BEYOND SEEDS BURGER 12.55

Beyond patty, cheese, fried mushrooms, fried onions, tomato, spinach, garlic mayo, ketchup, mustard

BEYOND THE RAINBOW 13.95

Beyond patty, buffalo cauliflower, cheese, cabbage, carrot, spinach, jalapeños & sriracha mayo

BEYOND ABC 13.95

Beyond patty, avocado, house smokey bacon, lettuce cheese & garlic mayo

All burgers are served in brioche bun with hand cut chips (add flavoured chips 50p) or buffalo cauliflower 1.5

Non gluten containing option avocado bun 1.5

BOWLS

MIDDLE EASTERN BOWL 9.00

Falafel, hummus, roasted curried chickpeas, spinach, red cabbage, shredded carrot, cucumber mango chutney & olive oil topped with sesame seeds

ASIAN BOWL 9.00

5 spice vegan chicken, sesame rice noodles, lettuce, carrots, avocado, cilantro, rocket & spinach with ginger garlic tamari dressing topped with sesame seeds

VEGAN POUTINE 8.5

Chips, cheese, house smokey seitan, lettuce, red onion, garlic mayo, & jalapeños

If you have any allergies please talk to a member of staff
We use sesame seeds in our garnish

 no gluten containing ingredients

 no gluten containing ingredients option available

 contains gluten

 contains soya

 contains peanuts

BAGELS SERVED UNTIL 3PM

BLT 6.55

Garlic mayo, house smokey bacon, lettuce & tomato

MASHED & BASHED 4.55

Mashed avo, tomato, red onion, rocket, tamari, sweet chilli sauce, Himalayan salt & cracked black pepper

ABC 6.55

Avo, house smokey bacon, cheese & garlic mayo

WRAPS

MIDDLE EASTERN 8.5

Falafels, hummus, tomato, lettuce, red onion, mango chutney

RAINBOW 8.5

Seitan, cheese, spinach, cabbage, carrot, jalapeños, garlic mayo

VEGAN DOGS

MAD DOG 7.95

Jumbo hot dog, cheese, red shredded cabbage, avocado, hot sauce & jalapeños

CLASSIC DOG 7.00

Jumbo hot dog topped with fried onions, mustard & ketchup

SMALL BITES AND SIDES

BUFFALO CAULIFLOWER 5.00

Choose from: salt & chilli with ginger garlic tamari dip or original with hot sauce & garlic mayo

VEG SPINACH GYOZA 5.00

Served with ginger garlic tamari dip

FALAFEL MINI-BOWL 5.00

Falafels, hummus, mango chutney & salad

SIDE SALAD 3.00

HAND CUT CHIPS

PLAIN 3.55

SALT & CHILLI 3.95

SMOKEY 3.95

EXTRAS: Avo, bacon, cheese, falafel.....1.5

DIPS: Garlic mayo, sriracha mayo, hummus, hot sauce, sweet chilli sauce1

10% service charge applies to tables of 6 or over